

# **BOARD OF HEALTH MEETING**

**October 15, 2015**

Watertown Administration Building, Third Floor Hearing Room

**CALL TO ORDER:** Dr. John Straus called the meeting to order at 7:05 PM.

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**PRESENT:** Dr. John Straus, Chairman, Dr. Barbara Beck, Richard Arnold, Deborah Rosati, Director of Public Health, Kristel Bennett, Chief Environmental Health Officer

## **Minutes**

Dr. Beck offered a motion to approve the minutes of the July 23, 2015 and September 14, 2015 meeting as presented. R. Arnold seconded the motion. Voted unanimously.

**Public Comment:** No appearances

## **Wayside Youth and Family Support Network**

Present: Danielle Demoss, Social Services Resource Specialist

Ms. Demoss apologized that Laura Kurman was unable to attend, but Ms. Demoss works as the SSRS out of Wayside and is able to offer an update on substance use prevention and other current grant funding. She noted that Wayside has been awarded Substance Abuse Prevention Collaborative funding for a four town collaborative that includes Watertown, Waltham, Brookline and Belmont, for a minimum of five years at \$100,000 total. Also this is the last year of a three year grant for the Mass. Opioid Abuse Prevention Collaborative with Cambridge as the lead community, Watertown, Somerville and Everett.

Danielle's position is a 24 hour position and she provides social service support to residents of Watertown, ages 19 to 59. This is the two year anniversary of this position with 50% of the funding from the Harvard O'Neill grant and 50% from corporate or other donations. She works with residents on issues ranging from fuel assistance to housing and homelessness, and offers referrals or assists with applications and other paperwork.

Wayside has also offered Mental Health First Aid training and is working with the Health Department now on CHNA funded trainings.

The Board expressed their support for Danielle's position to be full time, and thanked her for coming in.

## **Variance Hearing - Body Piercing Apprenticeship License**

**Applicant:** Almoda, Diego da Silva

**Present:** George Helo, Owner

George Helo, owner of Almoda, located at the Arsenal Project, presented a request for a variance from Section 12 (B) of the Watertown Board of Health Rules and Regulations for Body Art Establishments and Practitioners to allow Diego da Silva to obtain an apprenticeship license

working under George Helo's license until he is able to obtain two years of actual experience for performing body piercing procedures for performing body piercing procedures to obtain a Body Art Piercing Practitioner Permit and meet compliance with Section 12(F)(2)(d).

Kristel Bennett reported that Mr. da Silva is in compliance with the following training: Complete Skin Course, Complete Bloodborne Pathogen training, First Aid and adult CPR training, and has completed his Hepatitis B immunization series.

Following discussion, Richard Arnold offered the following motion: to approve variance from the requirements of the *Watertown Board of Health Rules and Regulations for Body Art Establishments and Practitioners*, Section 12 (B), that Diego De Silva complete his apprenticeship or train under George Helo Body Art Piercing Practitioner Permit at Almoda Inc, 485 Arsenal Street, Watertown, MA until he obtains two years of actual experience for performing body art piercing procedures to meet compliance with Section 12(F)(2)(d) and obtain his Body Art Piercing Practitioner Permit. Before Diego De Silva conducts any form of Body Art activity upon a client, that Client shall be advised that the person conducting such Body Art activity is in fact an apprentice and is acting only under a Body Art Practitioner Apprentice License. Mr. Helo will be present during all piercings except for ear piercings, and they shall maintain a detailed log of all hours that Mr. da Silva works towards his two years of experience.

The variance for Almoda Inc from the requirements of the *Watertown Board of Health Rules and Regulations for Body Art Establishments and Practitioners*, Section 12 (B) shall be null and void in the event of:

- Change of ownership
- Deviance from approved order
- Violations of the *Watertown Board of Health Rules and Regulations for Body Art Establishments and Practitioners* including not operating under George Helo Body Art Piercing Practitioner Permit

The variance shall be in writing. A copy of the variance shall, while it is in effect, be available to the public at all reasonable hours in the office of the town clerk or in the office of the Board of Health. Dr. Beck seconded the motion, voted unanimously.

#### **Review of Draft #4c Regulation Governing the Keeping of Hens and Honey Bees**

Several members of the community and groups including from Watertown Community Gardens and Friends of Bees

Donna Moultrup led the Board through this latest draft and reviewed changes to last version. The Board requested additional changes to the definition of abutter, the timing for the application and hearing, potential fence height, an increase to two colonies, and other changes. Ms. Moultrup will continue her edits for further discussion at a future Board meeting.

Updates: D. Rosati reviewed recent grant applications submitted for consideration:

- CHNA grant for \$5,000 for a healthy living/eating proposal in conjunction with LiveWell Watertown and the Housing Authority.
- Watertown Community Foundation grant for \$2,500 in conjunction with LiveWell Watertown and the School Department for a Youth Wellness Champions program.

- Consideration for another grant through the WCF for a W.A.T.E.R.town Task Force for Substance Use Disorders Coordinator position.

The Board expressed their support of the proposals which are noted to be in keeping with the objectives of the Wellness Report that was generated several years ago.

D. Rosati also advised the Board that WCF is requesting support of a proposed grant to Tufts Health for 3 years for a Healthy Living for all Ages project. The proposal was only recently received and mentions the Health Department as supporting this effort. More information is needed.

J. Straus advised that the Erase the Stigma of Opioid Addiction campaign is next week, with the Centerpiece Event on October 21<sup>st</sup>. Significant planning has been expended by many Task Force members, and all are hoping for a successful week.

Next meeting – TBD in October

**Adjourn:** The Board meeting adjourned at 10:40 pm.

Respectfully submitted: Deborah M. Rosati, Director of Public Health

Approved: November 4, 2015